



**SWCAP**  
Southwestern Wisconsin Community Action Program, Inc.

*We work to mitigate the causes and conditions of poverty in Southwestern Wisconsin, building resilience and self-sufficiency by providing supportive services and programs, and by collaborating with partners.*

# HEALTH & WELLNESS



## Farm Well

833 community members learned how to support the wellbeing of members of the agricultural community.



## Care Coordination Network & Multicultural Outreach Program

353 individuals were connected to resources throughout southwestern Wisconsin. In 2023, the Care Coordination Network integrated the Multicultural Outreach Program into the network and trained two bilingual Community Health Workers (CHWs). These CHWs worked directly with 302 individuals and connected them to resources for housing, behavioral health, medical financial aid, employment and more. Collaborative partnerships were established or strengthened with schools, area businesses, farms and additional supportive agencies.



## Food Pantry

7,265 individuals received food as part of our effort to eliminate hunger.  
2,804 Emergency Hygiene Kits were handed out.



*Good health is more than nutritious food. The SWCAP health and wellness programs provide a network of education, financial assistance, and supportive counseling programs to help improve the physical and mental health of area residents.*

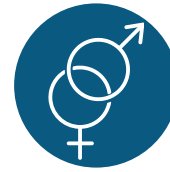


# HEALTH & WELLNESS



## Opportunity House

11 people received supportive housing while in recovery from substance use disorder.



## Neighborhood Health Partners

298 individuals accessed confidential reproductive health services, Staff reached 250 individuals through outreach and educational events.



## WIC

1,172 women, infants, and children in 671 households, received nutrition counseling, help with breastfeeding, supplemental nutritious foods and connection to community services.



# FAMILY DEVELOPMENT



## Head Start & Early Head Start

289 children ages birth to five and 252 households received support centered around health, early learning and development and family well-being.



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# HOUSEHOLD STABILITY



## Home Buyer

12 families were provided SWCAP Gap Financing to complete home purchase in 2023. Additionally, 188 households received home buyer and/or mortgage counseling services and guidance.



## Supportive Housing

163 individuals experiencing homelessness obtained safe temporary shelter, while 46 individuals obtained safe and affordable housing when currently or at risk of becoming unhoused.



## Skills Enhancement

48 individuals received assistance to obtain training needed to qualify for higher paying jobs, increased work hours, benefits or advancement.



## Thrift Stores and We Care

1,128 households received donated items at affordable prices or free diapers, baby wipes and clothing. 369 vouchers were issued for free diapers to those in need.



## Work'n Wheels

111 vehicles purchased with monthly payments that are less than \$200. 24 vehicle repair loans were issued and 7,938 one-way work-related rides were provided.



*At SWCAP, we understand the housing challenges people face in our area. Our housing assistance programs offer support for home repairs and energy upgrades, rental, buying assistance and emergency housing.*



# TRANSPORTATION



## LIFT Ride Service

LIFT Volunteer Program Drivers and Staff Drivers provided 17,604 trips and drove 810,472 miles to help our neighbors in SW Wisconsin who were both ambulatory or non-ambulatory



# ENERGY SERVICES



## Home Repair, Rehab

501 homeowners received help with unexpected home repair costs related to roofing, siding, windows, septic or well water system, home electrical or heating system, and/or disability accessibility.



## Weatherization Assistance

502 people received energy saving steps at zero cost to the resident.

*"As you grow older, you will discover that you have two hands - one for helping yourself, the other for helping others."*

-Audrey Hepburn

*Thank you*  
**VOLUNTEERS!**



## SOURCES OF SUPPORT

Grant Revenue	\$11,438,195
Program Contributions	\$1,242,405
Contracts	\$666,347
Interest Income	\$26,398
Rental Income	\$509,243
In-Kind Contributions	\$1,572,076
Other Income	\$747,514

## TOTAL REVENUE

**\$16,202,178**

## EXPENSES

Personnel	\$6,927,714
Consultants/Contract Labor	\$1,344,021
Travel	\$403,778
Space Costs	\$509,672
Program Expenses	\$1,600,682
Operating Expenses	\$2,011,868
Depreciation	\$436,390
Beneficiary Assistance	\$451,480
Other	\$274,948
In-Kind Expenses	\$1,569,621

## TOTAL EXPENSES

**\$15,531,174**

*Thank you*  
**DONORS!**

**\$12M+**

Invested in our community  
through programs,  
services, and activities

**23,805**

People benefited from  
SWCAP supported  
programs





## Our Board of Directors

**2023**

Carol Beals  
John Beinborn  
Martha Boyer  
Michael Britt  
Mike Furgal  
Tiffany Helmke  
Robert Laeser  
Kriss Marion  
Ione Meoska  
Will Omemichen  
Donna Peterson  
Rick Rolfsmeyer  
Paula Schoenberg  
David Turk  
Lee Vanlanduyt  
Michael Windle



*A Nicaraguan woman whose leg was amputated following a train accident in Mexico, finally received her prosthesis through the work of Comprehensive Prosthetics and Orthotics and the Range of Motion Project. She is now working and able to support her three daughters.*

*Provided follow-up support to homeless couple recently housed in a Section 8 apartment in Platteville. Connected them with New Beginnings in Dodgeville, where they were able to find furniture and kitchen supplies. Helped with furniture transport.*



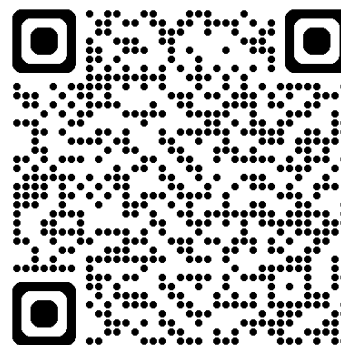
*August 2023 - Our most recent statistics show that 75% of women participating in WIC initiate breastfeeding, 49% are breastfeeding at 6 months postpartum and 29% breastfeed 12 months or more. These numbers are at or above the state average.*

*Helped single mother with severe dental infection. This woman will have to have all her teeth pulled. She is undocumented and her emergency MA does not cover periodontal care. Dentistry West and Madison Oral Surgeons finally agreed to take on her case pro bono.*



*Mother and medically challenged adult son were unable to keep up with home repairs and a leak destroyed their front door. Their only protection from the cold was a screen door. Within two days of the assessment, a new door was installed. The roof was then repaired, and the house was insulated. They now live in a secure, healthy home.*

**When you contribute to the  
Southwestern Wisconsin  
Community Action Program,  
you are helping families right here,  
in southwestern Wisconsin.**



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*Serving the Counties of Iowa, Lafayette, Grant, Green & Richland*